supplies needed: manila drawing paper - squares are nice younger = smallers older = largers crayons - last years broken ones work well! black liquid tempera paint brush sink or dish tub filled with water newspaper 1. draw a very simple design, patterns are good, on manila paper pressing hard to get good solid coverage. Fill the whole paper with your design coloring right out to the edges. Dark colors work well for outlines, don't forget to use spaces with White. Forget details - keep it simple + bold. Use bright colors next to dark colors for contrast. 2. Wet paper (dip into tub) enough to make it pliable to crumple up into a ball. Gently. Don't Saverze too hard. Open it carefully and lay on a piece of newspaper. 3. Paint entire paper with Black tempera (Not too thin, not too flick) 4. Rinse black paint off by dipping into tub of water gently wibbing to remove excess paint. 5. Dry flat on duan sheet of newspaper.

